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POST-OPERATIVE MATRIXECTOMY INSTRUCTIONS

Your toe should remain numb for approximately two to three hours after surgery. You should take it easy during this time. Avoid excessive walking or standing. Please follow these instructions to aid in the healing and recovery from your nail surgery.

1. The evening/morning after surgery, remove all bandages down to the surgical drain inserted into the nail fold.
2. Mix together one quart warm water and one package of PEDI-BORO.
3. Soak the toe in the above solution for twenty minutes twice a day.
4. Remove the surgical drain while soaking when present.
5. The surgical site often cakes up with newly formed tissue. This is usually dusky-white in appearance. With a Q-Tip try to remove this while soaking, if this is too difficult leave it for the physician to remove.
6. Pat the toe dry with clean gauze.
7. Apply Neosporin, Betadine cream or other antibiotic to the nail fold. Remember, you only need a small amount.
8. Cover the toe with a gauze dressing.
9. Wear only open toed shoes or sandals. Ladies should not wear nylon hose.
10. You may use the Tylenol provided if you experience pain.

Repeat steps 2-9 (omitting step 4 after the first soak), twice a day for the next 5 days.
We will see you for your first post-operative visit in approximately five days.
However, if you have any questions please call the office.

Additional Instructions:
